

## 2023 RDS 13-19 Years Trials

Event	District Trials Date and Venue	Nomination Due Date	Trial Venue	Equipment required	Capricornia Trials
<b>Cricket 16-19 Years B &amp; G</b>	Tuesday 22 November 2022 9am – 11am	Friday 18 November 2022	Rockhampton Grammar	Own cricket equipment, water bottle, school sport uniform including hat <b>Forms</b>	14 February 2023 Rockhampton
<b>Water Polo 13-19 years</b>	Paper nominations	Wednesday 8 February 2023			23 February 2023 Rockhampton
<b>Softball 13-19 years</b>	Paper nominations	Wednesday 25 January 2023			31 January 2023 Gladstone
<b>Squash 10-15 / 16-19 B &amp; G</b>	Paper nominations	Tuesday 14 March 2023			28 March 2023 Mackay
<b>Tennis 13-19 years</b>	Tuesday 7 February 2023 9am – 3pm	Thursday 2 February 2023	Rockhampton Tennis Centre	Own tennis racquet, water bottle, school sport uniform including hat <b>Forms</b>	15 February 2023 Emerald
<b>Football - Girls 13-15 / 16-19</b>	Friday 10 Feb 2023  9am – 11am	Wednesday 8 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform including hat <b>Forms</b>	22 February 2023 Gladstone
<b>Girls Netball 13-15 years</b>	Shortlist: Sunday 12 Feb 2023 9am – 12pm  Shortlisted: Wednesday 15 February 2023 9am – 11am	Thursday 9 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform <b>Forms</b>	20 February 2023 Mackay
<b>Touch 13-15 / 16-18 years B &amp; G</b>	Friday 24 March 2023 9am – 12pm	Monday 20 March 2023	Rockhampton Touch Football	Appropriate footwear, water bottle, school sport uniform	24 April 2023 Gladstone

				including hat <b>Forms</b>	
<b>Girls Rugby League 14-15 / 16-18 years</b>	Monday 13 Feb 2023 9am – 12pm	Thursday 9 Feb 2023	Kettle Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	21 February 2023 Mackay
<b>Girls Netball 16-19 Years</b>	Wednesday 15 February 2023  12pm – 2pm	Thursday 9 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform <b>Forms</b>	20 February 2023 Mackay
<b>Rugby League 14-15 / 16-18 years Boys</b>	Tuesday 14 February 2023 9am – 12pm	Thursday 9 February 2023	Emmaus College	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	28 February 2023 Mackay
<b>AFL 13-15 years B &amp; G</b>	Thursday 23 February 2023 9am – 11am	Wednesday 15 February 2023	Rockhampton State High Oval	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	13 March 2023 Mackay
<b>Basketball 17-18 B &amp; G</b>	Thursday 16 February 2023 11am – 1pm	Tuesday 14 February 2023	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform <b>Forms</b>	2 March 2023 Mackay
<b>Hockey 13-19 Years B and G</b>	Wednesday 22 February 2023 9am – 12pm	T Thursday 16 February 2023	Kalka Shades, Water St	Own hockey equipment, mouthguard, water bottle, school sport uniform	1 March 2023 Rockhampton

				including hat <b>Forms</b>	
<b>Volleyball 12-15 B &amp; G 16-19 B &amp; G</b>	Friday 3 February 2023 Boys: 9am – 11am Girls: 11am – 1pm	Wednesday 1 February 2023	Glenmore SH	Appropriate footwear, water bottle, school sport uniform <b>Forms</b>	26 April 2023 Gladstone
<b>Rugby Union Boys 17-18 years</b>	Wednesday 1 March 2023  9am – 12pm	Thursday 23 February 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	14 March 2023 Emerald
<b>Rugby Union Girls 15/16 7s</b>	Thurs 16 Feb 2023  9am – 11am	Tues 14 Feb 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	27 February 2023 Rockhampton
<b>Cross Country 10-19 years</b>	Tuesday 9 2023 9am – 3pm				16 May 2023 Rockhampton
<b>Rugby Union 14-15 years Boys</b>	Thursday 11 May 2023 9am – 12pm	Monday 8 May 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Forms</b>	30 May 2023 Mackay
<b>Football - Boys 13-16 / 17-19</b>	Wednesday 17 May 2023 9am – 12pm	Friday 12 May 2023	Apex Park - Yeppoon	Appropriate footwear, water bottle, school sport uniform including hat <b>Forms</b>	31 May 2023 Gladstone
<b>Basketball 13-16 years B &amp; G</b>	Thursday 16 February 2023 9am – 11am	Tuesday 14 February 2023	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform <b>Forms</b>	2 March 2023 Mackay

<b>Athletics 10-19 years</b>	TBC		North Rockhampton State High		21/22 August 2023 Mackay
<b>Cricket 13-15 B &amp; G</b>	Tuesday 29 August 2023 9am – 11am	Friday 25 August 2023		Own cricket equipment, water bottle, school sport uniform including hat <b>Forms</b>	6 September 2023 Mackay